

Garingal Orienteers invites you to

State League 3 - 2010 NSW Night Orienteering Championship

Date: Saturday, 24th April 2010

Venue: University of Western Sydney, O'Connell St, Kingswood

Map: "Kingswood", 1:10000 & 1:7500, 5m contours (2010 edition with new extension)

Terrain: generally open and fast across the campus grounds and undulating grasslands. Garden beds are shown as dark green – please respect these and go around them.

Course	Red 1/2/3	11km	M21A, M-20A, M35A, M40A, W21A
	Red 4/5	8 km	M-18A, M45A, M50A, W-20A, W35A, W40A, M21AS
	Red 6	6 km	M-16A, M55A, W45A
	Red 7	5.5 km	M60A, M65A, W-18A, W50A, M35AS
	Red 8	5 km	M70A, W-16A, W55A, W60A, M45AS, W21AS
	Red 9	4 km	M75A, W65A, W70A, M55AS, W35AS, W45AS
	Orange	5 km	M-14A, W-14A, MOpenB, WOpenB
	Green	2.5 km	M-12A, W-12A, M/WOpenC
	Blue	1.8 km	M-10A, W-10A, M/W-10N

Note: Course lengths are approximate.

Time: Starts from 6.30 pm for Championship courses. Start list available on the Garingal website (www.garingal.com.au) one week prior to the event. All courses will close at 10:15 pm.

Entries: Close on Monday, April 12th. Late entries will only be accepted if maps are available.

How to Enter

Traditional Method Cheques payable to: Garingal Orienteers Inc
Post entries to Jim Forbes, 74 Rathowen Pde, Killarney Heights 2087. Include a stamped/self-addressed envelope if you require a start list posted to you before the event.

OR

Use Electronic Entry Form on the Garingal Website. www.garingal.com.au

This form can be filled in. Save it using your name as the file name, then email it to nitechamps@gmail.com and then use Direct Debit

BSB: 062001 Account Number: 00926701 Account Name: Garingal Orienteers

Please identify your payment by ensuring SL3 and your surname is recorded against the transaction

Entry fees: Seniors \$16; Juniors \$10; Family limit \$40.

Sportident will be used. (SI stick can be hired for \$2)

Contact person Phone.....

Address

..... Postcode Email

Family name	First name	Club	Yr of birth	Class	SI number	SI hire \$2	\$

Total payment \$

Paying by (please tick or circle your method) Cheque Direct debit

Facilities: water at finish & toilets about 300m from the car park area

Directions: From Sydney CBD, take the M4 Motorway and take the Mamre Road exit. Turn right onto Mamre Road. Turn left from Mamre Road at the Great Western Highway. To reach the Kingswood site, turn left onto O'Connell Street from the Great Western Highway. Turn left into car park (Hockey Patron Car Parking) after 750m.

Enter On Night: Short Red, Orange, Green and Blue courses will be available. Starts from approx 7:15 pm

Organiser: Jim Forbes, for Garingal Orienteers ,9452 6996 or email nitechamps@gmail.com

Planner: Graeme Dawson

Controller: Carol Jacobson

Risk Notice: In entering this orienteering event you should recognise that the sport of orienteering has certain risks due to its conduct in the natural environment. Included in these risks are injury due to rough terrain and obstacles and the effects of heat, cold and exhaustion. You should also be aware that there is no personal accident insurance on your participation in the sport and that you participate at your own risk.